



Special Topics in Jungian Psychology

What's Race Got to Do with It;

Viewing Race and Ethnicity through a Jungian Lens

Fall 2015

“There is no coming to consciousness without pain. People will do anything, no matter how absurd, in order to avoid facing their own Soul. One does not become enlightened by imagining figures of light, but by making the darkness conscious.” Jung

So many people appear to know exactly what they mean when they speak of culture, race and ethnicity. So many Jungians appear to know exactly what they mean when they speak of the Self, the Shadow, the Collective, and Individuation. But often it seems that these concepts are never talked about in the same breath, never examined, never touched upon either by people who are descendants of White Europeans or by people of color.

Rather than conceding that “never the twain shall meet,” this two-part class will attempt to bring Jungian concepts to bear on current issues of race and ethnicity in our culture. We will examine topics such as: In addition to a “collective unconscious” do we also have a “cultural unconscious”? Do we have a “cultural ego?” Is there such a thing as a “cultural persona?” Do we have a “purity complex?” How do we know when a “cultural complex” is operating? What does it mean to have a person of another race show up in one’s dreams?

My experience in conducting workshops and teaching about issues of race, is that often we both consciously and unconsciously become stirred up when talking about these topics. Therefore we will try to create a “Temenos,” a place of safety and sanctuary where we can explore how these dynamics play out in our lives and how by engaging and wrestling with them we enlarge the boundaries of our own souls and perhaps, the soul of the world.

INSTRUCTOR: Christine Chao, Ph.D.

DATES: The classes take place on Thursday nights, November 5 & 12.

TIME: 6:30 to 8:30 PM

PLACE: Conference Room B - lower level at 1776 S. Jackson, Denver, CO 80210

FEE: \$40 for both classes if received on or before November 4, or \$50 at the door. Individual classes are \$25 apiece.

Please register for this class by calling the C.G. Jung Institute
at 303-831-9209 or by sending a check

to C.G. Jung Institute, 1776 S. Jackson, Suite 203, Denver, CO 80210

The C.G. Jung Institute of Colorado is a non-profit organization recognized by the International Association for Analytical Psychology (IAAP), the official accrediting body for Jungian analysts founded by Jung and headquartered in Zurich, Switzerland. Analysts at the Institute are also members of the Inter-Regional Society of Jungian Analysts, which offers Jungian training leading to a diploma in analytical psychology.